

Verde Yogurt
Located at
234 Varet St
Brooklyn, NY 11206
 BELOW GREEN FITNESS STUDIO



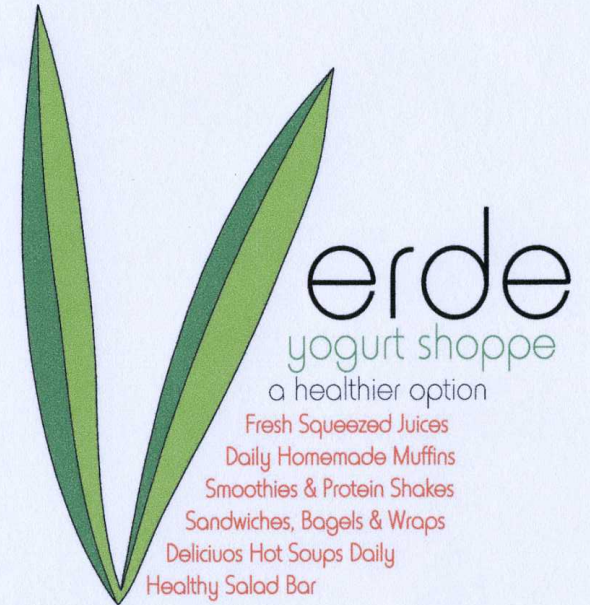
We Deliver to
 Bushwick &
 Williamsburg
 for orders over \$15.00
 347-599-0040

THE BEST MUFFINS IN MORGANTOWN



BAKED FRESH EVERY MORNING
www.verdeyogurt.com

Helping Brooklyn stay
healthy and green
with natural ingredients and
planet friendly products.



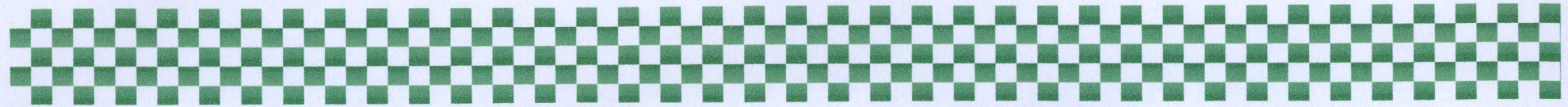
Certified Kosher
Vegetarian &
Vegan Options



347-599-0040
info@verdeyogurt.com

ASK FOR THE "WILLY B"

Coffee - Low Fat Yogurt
 Chocolate Syrup and Crunch



Yogurts/Ice Cream

- Red Velvet
- Cookies & Cream
- Non-fat original tart
- Carrot cake
- Peanut butter
- Vegan Chocolate ice cream
- Vegan Vanilla ice cream



Toppings

- | | |
|-----------------|------------------|
| Banana | Strawberry |
| Blue berry | Mango |
| Chocolate chips | Reese piece |
| Caramel fudge | Strawberry fudge |
| Chocolate Fudge | Many more |

Smoothies

*Add protein powder to any smoothie \$1.00

- | | | |
|---|------|------|
| Elvis Soy milk, peanut butter, banana, honey | 4.95 | 5.95 |
| Billie Holiday Orange Juice, blueberries, pineapple, banana | 4.95 | 5.95 |
| Carmen Miranda Orange Juice, mango, pineapple | 4.95 | 5.95 |
| Louisiana Red Orange Juice, raspberries, strawberries, banana | 4.95 | 5.95 |

Juices

- | | 12 oz | 16oz |
|--|-------|------|
| Carrot or Apple or Orange Juice | 4.95 | 6.50 |
| The Cold Killer Orange, Carrot, lemon, ginger, vitamin C Suggested Supplement: Chayenne | 5.95 | 7.50 |
| Green Goddess Spinach, Kale, parsley, cucumber, celery | 5.95 | 7.50 |
| The Wicked Witch of East Bushwick Spinach, kale, parsley, cucumber, | 5.95 | 7.50 |

Supplements

- | | |
|--|------|
| Aloe Vera, Ginseng, Vitamin C, Honey, Almond butter, Yogurt, Bee Pollen, Ginger, Echinacea/ Goldenseal, Green Stuff, Protein Powder, Hemp Oil, Flaxseed Oil, Spirulina | 1.00 |
|--|------|



Wraps

- | | |
|---|------|
| Feta Cheese Wrap Feta cheese, olives, tomato, onion, cucumber, balsamic vinegar | 4.75 |
| Italian Mozzarella Wrap Basil, olives, tomatoes, parsley, mozzarella, Italian dressing | 4.50 |
| Guacamole Wrap Avocado, lettuce, tomato, olives, sauce | 4.25 |
| Vegetable Wrap Lettuce, tomato, onions, olives, carrot, spinach, alfalfa, sprout, raspberry vinaigrette | 4.25 |
| Tuna Tuna, lettuce, tomato, olives | 4.75 |
| Hummus Wrap Hummus, tomato, sprouts, & avocado | 4.25 |



Sandwiches

- | | |
|---|------|
| Egg Salad Eggs, celery, pepper, romaine lettuce, tomato | 3.95 |
| Cucumber Tehina Cucumber, alfalfa, tomato, lettuce, avocado, tehina sauce | 3.25 |
| Swiss & Sundried Tomato Low fat Swiss cheese, marinated sundried tomatoes, sprout & avocado | 5.50 |
| Veggie Burger Veggie burger, presto, tomatoes, cucumber, sprouts, avocado | 4.50 |

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Soup of the Day

- | | |
|--------------------|-----------|
| Split Pea | Sunday |
| Vegetable | Monday |
| Lentil | Tuesday |
| Cream of mushroom | Wednesday |
| Cream of asparagus | Thursday |
| Chef's Special | Friday |

Salad Bar

- | | |
|-----------------------|----------------|
| Balsamic Vinaigrette | Asian |
| Carrot Ginger | Chipotle Ranch |
| Raspberry Vinaigrette | Ranch |
| Tehina Sauce | |
| Cesar | |
| Italian | |
| French | |
| Many more | |



Protein shakes

*Base substitutes: Soy Milk, Rice Milk, Apple juice

- | | 16oz | 20 oz |
|---|------|-------|
| Wonder Woman Soy milk, strawberries, banana, protein powder | 5.50 | 6.50 |
| Captain America Rice Milk*, blueberries, banana, protein powder | 5.50 | 6.50 |
| The Green Hornet Orange Juice*, banana, green stuff, protein powder | 5.50 | 6.50 |
| James Brown Soy milk*, chocolate, peanut butter, protein powder | 5.50 | 6.50 |
| The Hulk Soy milk*, peanut butter, banana, protein powder | 5.50 | 6.50 |
| Howlin' Wolf Soy milk*, banana, protein powder, acai | 5.50 | 6.50 |

Muffins

*Low fat fresh baked

- | | small | large |
|----------------------------------|-------|-------|
| Carrot | .75 | 2.00 |
| Blueberry & Raspberry | .75 | 2.00 |
| Double Chocolate | .75 | 2.00 |